



Girl Scouts
Eastern Iowa & Western Illinois

2600 Edgewood Road SW
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www.GSEIWI.org

**NEWS
RELEASE**

FOR IMMEDIATE RELEASE

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Huge Girls Go Global event coming to Coralville for girls of all ages

CORALVILLE, Iowa – Girls Go Global is one of the area’s biggest events for girls this year and it’s coming very soon.

Presented by Iowa Health System and P&G, Girls Go Global is a premier event that empowers girls of all ages to change the world through issues that affect youth in their own neighborhoods and all over the globe. The event has been planned with the help of girls and volunteers of Girl Scouts of Eastern Iowa & Western Illinois.

The first-ever Girls Go Global event hopes to attract 2,000 girls and adults from 10 a.m. to 3 p.m. May 9 at the Coralville Marriott Hotel and Conference Center, Interstate 80 at First Avenue, Coralville, Iowa.

Girls Go Global will fill the convention center of the Coralville Marriott with vendor booths of all types, interactive displays, special guests, fun events, a teen lounge, and much more. Guest speakers during the lunch hour will be Lisa Bluder, coach of the University of Iowa women’s basketball team, and Miss Iowa Olivia Myers. Myers, second runner-up in this year’s Miss America Pageant, also will perform for girls and sign autographs.

Other events of interest to girls of all ages in grades K-12 include learning self-defense moves by the Coralville Police Department, discussing pet care with Petland, scaling a rock-climbing wall from the Iowa National Guard, getting a makeover from students at Capri College and holding a human heart or a set of lungs from the University of Iowa’s Gross Anatomy exhibit.

There also will be a variety of breakout sessions, including those on robotics and engineering, dealing with bullies and girls’ health.

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The theme of Girls Go Global for 2009 is Healthier Horizons and girls and adults who attend this event will have the opportunity to learn about many aspects of healthy lifestyles including healthy relationships, physical fitness and nutrition. Attendees will have the opportunity to learn about the challenges of girls' health throughout the world and will discover what is being done to help make positive changes in the lives of girls everywhere.

Girls attending do not need to be Girl Scouts to join in the event, however, registration is necessary by calling 800-798-0833 or via a form on the Girls Go Global page at www.GSEIWI.org.

Cost of the event is \$15 per person and includes lunch, all breakout sessions, the interactive vendor fair and guest speakers; registration is due by May 1. Patches for Girl Scouts attending are available for \$2 each. Bus transportation has been arranged from Burlington, Decorah, Dubuque, Mount Pleasant, the Quad Cities and Waterloo. Cost of bus transportation is \$10 per person and must be reserved by April 17.

Here are highlights of breakout sessions for Girls Go Global:

When Girls Hurt Girls: The Female Friendship Experts, Jane Balvanz and Blair Wagner, will be leading an interactive session that will give girls the skills they need to work through hurtful friendships. Balvanz and Wagner have created a company called A Way Through and have helped many girls learn how to deal with hurtful friendships and learn to be a good friend. Find out more about A Way Through and Balvanz and Wagner at their Web site: <http://awaythrough.com/parents.htm>

Click It, Flip It – Rapping Our Way Toward a Healthier Environment: Girls will enjoy a fun-filled time with Ted Coopwood, who works for the U.S. Environmental Protection Agency to help engage young people in children's environmental health protection. This is sure to be a fast-paced and fun session as Coopwood will teach girls various raps he has written to interest kids in the environment and children's health. To listen to the Click It, Flip It rap visit this Web site: <http://www.epa.gov/climateforaction/learn/rap.htm>

Your Health Horizons: Iowa Health System representatives will be at Girls Go Global talking about ways girls can stay safe on the road including in cars and on bikes. Girls also can spend time learning about all the types of jobs available in health care.

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Tech it Up! – Robots and Engineering: Volunteers from the University of Iowa Engineering Department will be giving a hands-on demonstration of robotics and will talk about what it takes to be an engineer. To find out more about the UI Engineering Department and Women in Science and Engineering, check these Web sites:
<http://www.engineering.uiowa.edu/> and <http://www.uiowa.edu/~wise/>

All HawKEYES on Health – The University of Iowa Room: Check out a lot of cool things brought to you by many departments within the University of Iowa. The University of Iowa Hygienic Laboratory will give girls a chance to play Disaster Bingo and learn how to prepare a kit to be ready in case of a disaster. Girls will meet volunteers from the College of Pharmacy and Katy the Kangaroo for activities on medicine safety, and the College of Dentistry will be there to hand out toothbrushes and talk about keeping your teeth healthy! Check out their Web sites: <http://www.uhl.uiowa.edu/> and <http://www.pharmacy.uiowa.edu/> and <http://www.dentistry.uiowa.edu/>

The Teen Lounge: Check out the Junior Mini-Med School Program and the Gross Anatomy program that will give girls the opportunity to find out about some awesome medical procedures that go on at the University of Iowa, Capri College will be there giving mini-makeovers, learn to be an “ad decoder” and find out what messages the media is sending to you, take the Drugs of Abuse Challenge and find out how much you know about prescription medication and their effects.

In addition to the breakout sessions, there also will be many interactive stations, including the following:

ABC Bakers: They make Girl Scout Cookies.

Aesthesia Simulation Center: Baby Sim – various scenarios including a baby that swallowed a penny.

American Heart Association: Meet a Girl Scout with heart disease and her mother will speak.

Cancer Info Center: Life-size smoking teens.

Capri College: Five-minute makeovers.

Clean Air for Tomorrow: Tobacco, air quality and environment.

Coralville Fire Department: Go inside the smoke house and learn how to stop, drop and roll.

Coralville Police Department: Learn self-defense.

Family Resources: Self-esteem.

Girl Scout Camps: Get a camping experience; visit a teepee; check out the canoe.

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Girl Scout Shop: Buy things you need for Girl Scouts.

Girl Scout Travel Adventures: Information on upcoming national and international trips, the sixth- and seventh-grade trip and Girl Scout destinations.

Healthy Linn Care Network: Build a food pyramid.

Iowa City Landfill and Recycling: Learn about recycling.

Iowa Department of Natural Resources: Outdoor adventures.

Iowa National Guard: Hit the climbing wall (girls must weigh 100 pounds).

Iowa State Patrol: Bike safety.

Iowa United Nations Association: Women's rights and national women leaders.

Iowa Women's Golf Association: Learn about golf as a hobby or profession.

Japanese students: Learn to write your name in Japanese and eat with chopsticks.

Johnson County Health Department: Healthy living.

Johnson County Ambulance Service: Tour an ambulance.

Just 4 Kids: Farm safety.

Korean Student Scholars: Learn their customs.

League of Women Voters: Mock election.

Lisa Bluder, University of Iowa women's basketball coach: Speaking to girls and adults about healthy lifestyles.

Lorrie Gettes: Learn how to work and train a guide dog.

Mary Kay: Taking care of your skin.

Maximized Living: Health makeovers.

Miss Iowa Olivia Myers: Performing her routine from the Miss America Contest; also meet the Junior Miss and Little Miss.

Petland: Puppy care and pet care.

Science Station: Science activities.

Shaklee: Environmentally friendly houses.

Skillastics: Interactive life-size game board where girls play games about fitness.

Trophy Nut: Providers of products for the Girl Scouts' fall product sale.

University of Iowa Children's Hospital: Safety Store.

University of Iowa College of Medicine: Specimens.

University of Iowa College of Nursing: Glitter Bug with hand washing, germs; Sim Man with patient simulation demonstration.

University of Iowa College of Public Health: Harms of smoking.

Zink the Zebra: Meet Zink and learn that it's OK to be different.

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Parking in the lot and ramp around the Coralville Marriott is 75 cents per hour. Persons may attend the event as long as they wish and girls must be accompanied by an adult. For additional information, visit the Web at www.GSEIWI.org or call Girl Scouts of Eastern Iowa & Western Illinois at 800-798-0833.

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Girl Scouts of Eastern Iowa & Western Illinois serves 20,000 girls in 38 counties in Iowa and Illinois.

Girl Scouting builds girls of courage, confidence, and character, who make the world a better place.

Did you know that one in every six girls is a Girl Scout?